

DR HANNAH BASHFORTH

WEBSITE

www.the-clinical-psychology-practice.co.uk

PROFESSIONAL SUMMARY

Area of Expertise

I am a HCPC Registered Clinical Psychologist with over 15 years of experience working within the mental health field. I have an excellent grounding in adult mental health assessment and treatment and have developed a specialist interest in psychological assessment and intervention in adults with physical health problems (chronic and acute).

Chronic Pain Specialism

I have expert knowledge in the assessment and recommended psychological interventions in chronic pain conditions. Specifically, I have worked in NHS pain clinics since 2007. I am currently employed as a senior clinical psychologist and research lead at a national tertiary level NHS Pain Service (The Walton Centre, Liverpool). As well as chairing the North West Pain Psychologist Specialist Interest Group from 2008 to 2010 and contributing to the Royal College of Anaesthetists' Raising the Standard: a compendium of audit recipes (2012) I am currently the National psychology representative for the British Pain Society's Pain Management Programme SIG and I am on the National Working group for Pain Management Programme Guideline revision. I am both a regular attendee and presenter at the British Pain Society Annual Scientific Committee. I have close working links with both the University of Manchester and the University of Liverpool, supervising PhD and Clinical Psychology Doctorate students in psychology in chronic pain research topics. In 2015 I led a team to win a £10k Grunenthal Pain Award to support Young Adults with chronic pain:

WORK HISTORY

Consultant Clinical Psychologist/Expert Witness, 03/2009 to Current The Clinical Psychology Practice - Hale, Greater Manchester

Since 2009 I have run a weekly private practice in South Manchester where I have undertake numerous assessments and contracts of psychological treatments funded by both individuals and insurance providers. I am also available as an expert witness in civil cases, and I prepare medico-legal reports under instruction; typical areas of involvement would be personal injury and complex clinical negligence claims. I prepare reports under both Claimant and Defendant instruction, with a particular area of expertise in Chronic Pain and long term illnesses.

Honorary Lecturer, 09/2019 to Current

CONTACT

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SKILLS

- Clinical Negligence
 - ☑ Impact of medical/surgical interventions
 - ☑ Assessment of long term physical health conditions
 - ☑ Impact of physical disability/disfigurement
 - ☑ Assessment of conditions, i.e. PTSD, anxiety, depression
 - ☑ Assessment of psychological response to congenital conditions and their medical management
 - ☑ Birth trauma/postnatal complications
 - Personal Injury
 - ☑ Assessment of psychological impact of trauma
 - ☑ Psychological consequences of long term and acute physical injury
 - ☑ Assessment of relevant historical contextual factors in understanding response to physical trauma
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University of Liverpool - Liverpool, Merseyside

I have close working links with the Universities of Liverpool and Manchester and I lecture on undergraduate psychology courses as well as collaborating on numerous funded research projects between these academic institutions and my role as Research Lead at the Walton Centre Hospital for Neurology & Neurosurgery Pain Management Programme Team. I supervise doctoral clinical psychology trainees and PhD students.

Clinical Psychologist & Research Lead, 03/2014 to Current

The Walton Centre for Neurology & Neurosurgery NHS Foundation Trust - Liverpool, Merseyside

I am currently employed in a clinical and research capacity by The Walton Centre, Liverpool, which is a Regional Neurosciences Centre, within a large pain management team. I have over a decade's experience and skill in working alongside and in collaboration with both medical and surgical colleagues and physiotherapists. I have additional areas of expertise in young adults and pelvic pain management.

Clinical Psychologist, 12/2011 to 03/2014

Bolton NHS Foundation Trust - Manchester, Greater Manchester

Principle Clinical Psychologist working in to intensive care units and the pain management service.

Clinical Psychologist, 09/2007 to 11/2011

Salford Royal NHS Foundation Trust - Salford, Greater Manchester

Pain management services

Trainee Clinical Psychologist, 09/2004 to 09/2007

Manchester Mental Health & Social Care Trust - Manchester, Greater Manchester

Research Assistant Psychologist, 09/2002 to 09/2004

Institute of Psychiatry - London

EDUCATION

Doctorate in Clinical Psychology, Clinical Psychology, 2007

University Of Manchester - Manchester

Bachelor of Science, Psychology, 2002

University Of Liverpool - Liverpool

First Class

AFFILIATIONS

Health Professions Council (HCPC) Practitioner Clinical Psychologist

British Pain Society Member

North West Pain Psychology Specialist Interest Group

British Pain Society Pain Management Programme National Committee Member

Pain Relief Foundation Scientific Committee Member (PRF)

Pain Research Institute, University of Liverpool

PUBLICATIONS

PUBLICATIONS (N.B Twiddy is married name nee Bashforth)

Lane, N. & Twiddy, H. (in submission). Assessing Suicide Risk in Chronic Pain Patients. BJA Education.

Murray, C., Goebel, A. & Twiddy, H. (in submission). CRPS Focus Groups for the use of methotrexate. Scandinavian Journal of Pain.

Brown, R.J., Methley, A., Twiddy, H., Wearden, A. & Taylor P. (in submission). The development of a measure of perceived burdensomeness in chronic pain patients. European Journal of Pain.

Twiddy, H., Brown, R.J. & Waheed, H. (2018). Assessing the efficacy of pain management programmes in patients with ongoing litigation. British Journal of Pain.

Twiddy, H., Hanna, J., & Haynes, L. (2017). Growing pains: understanding the needs of emerging adults with chronic pain. British Journal of Pain, 2049463717709641.

Twiddy, H., Bradshaw, A., Chawla, R., Johnson, S., & Lane, N. (2017). Female chronic pelvic pain: the journey to diagnosis and beyond.

Mawdsley, L., Twiddy, H., & Longworth, M. (2016). Involvement of Family and Friends in Pain Management Interventions. Journal of Observational Pain Medicine, 1(5).

Twiddy, H., Lane, N., Chawla, R., Johnson, S., Bradshaw, A., Aleem, S., & Mawdsley, L. (2015). The development and delivery of a female chronic pelvic pain management programme: a specialised interdisciplinary approach. British journal of pain, 9(4), 233-240.

Staff Perspectives on the Development & Delivery of a Specialised Pain Management Programme for Young Adults with Chronic Pain: A Survey Based Approach (2015) British Pain Society Poster Conference ASM

A Service Evaluation of Friends & Family Participation in a Tertiary Level Pain Management Programme (2015) British Psychological Society Conference Poster

Bashforth, H., Richards, H., Fortune, D. & Saad, A (in preparation). Predicting psychological distress in women with a family history of breast cancer: a model of self-discrepancy.

Makin, R., Moores, L. & Bashforth, H (2012). Audit of Pain Management Programmes. Royal College of Anaesthetists' Raising the Standard: a compendium of audit recipes.

Lalkhen, A. Bashforth, H. Heck, A. (2012) Case Report: Conversion of a patient with Loin Pain Haematuria Syndrome from short-acting fentanyl to

methadone through interdisciplinary working and planned in-patient admission. Poster Presentation British Pain Society Annual Scientific Meeting, Liverpool (2012)

Thornton, E.W., Tedman, S., Bashforth, H., Rigby, S. & Young, C. (2006). Worries and concerns of patients with multiple sclerosis: development of an assessment scale. *Multiple Sclerosis*, 12, 196-203.

Smith, B., Fowler, D., Freeman, D., Bebbington, P., Bashforth, H., Garety, P., Dunn, G. & Kuipers, E. (2006). Emotion and psychosis: Links between depression, self-esteem, negative schematic beliefs and delusions and hallucinations. *Schizophrenia Research*, 86, 181-188.

Fowler, D., Freeman, D., Smith, B., Kuipers, E., Bebbington, P., Bashforth, H., Coker, S., Hodgekins, J., Gracie, A., Dunn, G. & Garety, P. (2006). The Brief Core Schema Scale (BCSS): psychometric properties and associations with paranoia and grandiosity in non-clinical and psychosis samples. *Psychological Medicine*, 36, 749-759

PRESENTATIONS

Psychology Interventions in Litigation Contexts - British Pain Society Annual Scientific Conference 2020

Psychology in Diabetic Neuropathy at The British Symposium on Diabetic Neuropathy 2019

The Psychology of pain – Pint of Science 2018

Growing Pains: Exploration and identification of the unique needs of emerging adults with chronic pain – British Pain Society Annual Scientific Conference 2017

Complex Patients in Pain Psychology Treatment North of England Pain Group Conference 2016

Specialised Pain Management Programmes: Reinventing the Wheel? – British Pain Society, PMP Conference 2015
